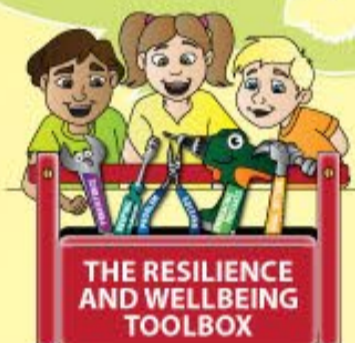


HOW BIG DOES THIS RATE?

FROM ANTS TO DINOSAURS



ANT (1) Something **small** has gone wrong. **I can handle it on my own.**

STICK INSECT (2) Something **bigger** has gone wrong. **Talking/ drawing or writing** about it **should help make it better.**

BEARDED DRAGON (3) Something **huge** has gone wrong. **I am thinking about it a lot.** I need someone else to know about it and **I need help** to find a solution.

CROCODILE (4) Something **humungous** has gone wrong. I can't think about anything else. **My body feels awful.** I can't enjoy what I am doing and I probably won't be able to sleep. **I don't feel comfortable. I need help soon.**

DINOSAUR (5) Something **mammoth** has gone wrong. **I need help straight away so things can be safe.**